



## The Process:

#### 1. Explore & Investigate

Before meeting with a study abroad advisor you <u>MUST</u> explore your options and *identify at least 3 potential* programs.

#### Resources:

Explore our website: <a href="studyabroad.spu.edu/">studyabroad.spu.edu/</a>
Complete the pre-advising worksheet
Work closely with your faculty advisor to determine how study abroad will fit within your academic degree.
Visit the study abroad office for program brochures
Talk to study abroad returnees

Talk to SFS about financial aid eligibility and compare costs



#### **Advising Appointment Outcomes**

You can expect your advisor to:

Review pre-advising worksheet and make suggestions and recommendations.

Discuss identified programs, and answer questions.

Discuss application process, course approval process, financial aid basics, and next steps.

# 2. Meet with Study Abroad Advisor

Once you have identified at least 3 potential programs, you may schedule an advising appointment by emailing: studyabroad@spu.edu

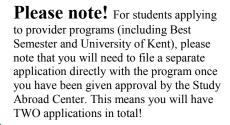


#### 3. Meet with Faculty Advisor

Discuss study abroad plans, and how program fits. Bring syllabi for courses you intend to take abroad.

#### **Meet with Academic Advisor**

*IF* you are an undecided or pre-major who does not have a major advisor yet. Students participating on SPU programs do not need to meet with an academic advisor.



#### 4. APPLY!

Apply online to SPU for ALL study abroad programs.

SPU summer programs: Due 2/1

SPU fall global seminars and summer/fall provider

programs: Due 4/1

SPU winter global seminars and SPU spring quarter:

Due 5/1

Winter/spring provider: Due 11/1

#### ADVENTURE IS CALLING...

Study abroad is one of the most challenging and rewarding adventures you will ever experience. In addition to having an exciting and memorable time, study abroad is an excellent way for you to increase intercultural sensitivity, gain global competence, build self-confidence, and make connections in other parts of the world. You will return with a better understanding of yourself, the world, and the U.S....highly marketable attributes in our contemporary, cross-cultural society. Follow the steps in this packet, and you'll be on your way to studying abroad in no time!

## **Defining Goals & Exploring Options**

Programs have distinctive characteristics, so it is essential that you spend time exploring your options. Start exploring your study abroad options as early as possible, <u>at least</u> a year in advance is best! Begin by defining some goals and understanding your needs, and then choose a program that meets those needs. Here are some points to consider:

- How long do I want to study abroad? A year? A
- semester? A summer?
- What region of the world do I want to visit?
- Do I want to live in a large city? Small town? Visit one or several countries?
- ◆ What are my academic goals? Do I need to fulfill major and/or core requirements abroad? Electives?
- Do I want to travel with other SPU students and faculty or with students from other universities?
- Do I want to volunteer, intern, or do service learning while abroad?

You should carefully consider how programs you evaluate align with your personal, academic, and professional goals defined above. For example, if you want to focus on professional goals, look for programs with extracurricular opportunities such as internships or business networking. Personal goals, such as gaining self confidence, may be best achieved in cultural immersion programs. The best place to start looking for programs is our study abroad website: <a href="studyabroad.spu.edu">studyabroad.spu.edu</a>. You may choose SPU programs, Non-SPU programs or direct enrollment into a foreign university. Details on these three options can be found online.

## **Academic Logistics**

Work closely with your faculty advisor to determine how study abroad will fit within your academic degree, and consider eligibility and timing of an abroad program. Here are some guidelines:

Specific eligibility requirements vary by program, but generally students must be:

- In good standing (academic, disciplinary, financial, etc.)
- Earn a minimum cumulative GPA of 2.70 or higher
- Successfully complete at least one quarter at SPU

Because SPU operates on academic quarters, and most study abroad programs are semester based, it is usually best for our students to study abroad during fall quarter rather than spring. The best time to study abroad is during your sophomore or junior year.

Although programs and/or specific universities may be approved, you MUST get approval for specific courses prior to departure. Approval is required during the application process from the academic counselor in Demaray who oversees study abroad: Alison Howard <a href="https://howard.no.nih.gov/howara@spu.edu">howara@spu.edu</a>

\*If you intend to take courses that will transfer towards a major or minor, faculty advisor approval is also required.

# **Study Abroad Quick Facts:**

Options: What's the difference?

#### **SPU**

(Faculty-led programs)
Ex: Philippines Global
Seminar

VS.

#### Non-SPU

(3rd Party Provider) Ex: USAC, CEA, ISA, etc.

- Short programs between 2-4 weeks
- Occur during Summer, before Fall Quarter, or in between Fall & Winter Ouarter
- Courses taught by SPU Faculty
- Tuition & Credits are part of Summer, Fall or Winter quarter
- Requires one online application with \$50 application fee
- ♦ \$300 Confirmation Deposit due within 2 weeks of acceptance
- Federal, State, & SPU Gift Aid may apply. Check with SFS for details.

- Summer, Semester, and Academic Year programs
- Fall Semester = August—
   December (means you'll be back in time for Winter Quarter at SPU)
- Spring Semester = January—May (means you will gone Winter & Spring Quarter at SPU)
- Courses taught by Faculty at Foreign University or Faculty brought in by the Provider
- Requires two applications: First to SPU (no app fee) and second to Provider (typically an app fee and deposit required)
- ◆ \$350 Study Abroad Admin Fee due upon approval by SPU
- Federal & State Aid may apply

<sup>\*</sup>These are the two main categories of Study Abroad programs. However, there are more options called "Featured" or "Partner" Programs, such as the University of Kent or Best Semester. Please see **studyabroad.spu.edu** for more details.







## **Meet with a Study Abroad Advisor**

Once you have identified *at least* three potential programs, you may schedule an advising appointment with Cassandra Sanchez by emailing <a href="mailto:sancheze@spu.edu">sancheze@spu.edu</a>. During your advising appointment you can expect to discuss identified programs, have questions answered, determine appropriateness of selected programs, discuss financial aid, and discuss next steps including the application process. During your advising appointment you will be given instructions on obtaining course approvals from your faculty advisor (if you haven't applied for a major yet, this is your USEM advisor).

## **Application Deadlines**

- SPU summer programs:Due 2/1
- ◆ SPU fall and fall global seminars: **Due 4/1**
- SPU winter global seminars and SPU Spring Quarter: Due
   5/1
- Fall & Summer provider programs: **Due 4/1**
- Winter/Spring Provider Programs: Due 11/1

# Apply!

### Apply online at studyabroad.spu.edu

- 1. LOGIN with your BANNER credentials
- 2. Click on your selected program by locating it through the Search function
- 3. Click "Apply Now"

All applicants will be notified of their application status promptly following the application deadlines. For students applying to provider programs, please note that you will need to file a separate application directly with the provider once you have been given approval by the Study Abroad Center. All questions should be directed to the Study Abroad Office at studyabroad@spu.edu.

# Money Matters

Studying abroad can be very affordable with a little bit of planning and research. The type of program you choose and the timing of the study can impact your eligibility for aid, so you should talk with your

counselor in Student Financial Services to find out about eligibility for financial aid while studying away from SPU. The location of your study abroad may have a large effect on costs too. Destinations outside of Western Europe tend to be much more affordable, so keep that in mind when planning. Most importantly, early planning will give you and your family more time to explore options, compare program costs, and save for the study abroad experience.

Student Financial Services 206-281-2061 sfs-info@spu.edu Studying abroad can be very affordable with a little bit of planning and research.

# Fees and Payments

#### **SPU Programs**:

- \$300 non-refundable Confirmation Deposit due to Study Abroad Office within 7 DAYS of acceptance to program
- SFS will email cost letter and payment due dates to student
- Send program payments directly to SFS

#### Non-SPU Programs

- \$350 Admin Fee will be placed on student's BANNER account and due prior to departure
- Fee is non-refundable and assessed for ALL credit-bearing abroad experiences, including internships
- Payments made directly to Provider



# Keep your parents in the loop!

We know that family and friends play an important role in a student's preparation to study abroad. Careful planning and communication is important in the success of a student's experience from start to finish. Keep your parents informed of your plans and the steps needed to make study abroad a reality. We encourage you to explore our website and contact us if you have any questions.